



# The Weekly Westerner

Box 4572, Station C, Calgary, Alberta T2T 5N3

Grey Eagle Hotel, 3777 Grey Eagle Drive (Corner of 37 St SW and Glenmore Drive) Mondays  
12 noon - 1.30 pm

**President:** Terry Felton **President-Elect:** Ben Kormos **Past President:** Gail Williams  
**Secretary:** Malcolm Harrison **Treasurer:** Karl Herzog  
**Directors:** Tim Anderson, Judy Cochran, Marlene Doherty, Arien Knight, Chris Ritter,  
Duncan Stanners

March 13, 2017 Edition: 50.30 Reporter: Duncan Stanners Publisher: David Williams

This week was brought to you by the club service of **Gail Williams** and **David Williams** on set-up; Gail Williams and **Cha-Cha Chansiri** as greeters; **Les Morgan** and **Larry Doyle** on the front desk; **Bill Fitzsimmons** on 50/50; **Gordon Rodrigues** on AV; and **David Impey** on photos.

**President Terry Felton** opened with *O Canada*, which was sung as a round against the recording (not terribly successfully), followed by an invocation by **Victoria Achilleos**.

President Terry then introduced the rest of the head table: guest speaker **Michael Chiasson**, **Beverly Picard**, **Judy Cochran**, **DG Neil Berg** and **Sa'adat Keshavjee** (*in absentia*).

We welcomed our guests: **Joel Looyis**, friend of our guest speaker, **Owen Obasohan**, guest of **Pat Romerman**, and our guest speaker Michael Chiasson.

Everybody's favourite **sergeant-at-arms** "It's better to be feared than admired" [**Editor's Note:** Actually, it's "Let them hate, so long as they fear."] David Williams tried to stump **Past-president Bill Quinney**, who did remarkably well on some pretty obscure facts about his year, and then fined a number of people for past sins before calling for happy bucks. Of particular note, **Past-president Tony Knight** announced he is officially cancer-free (to an outpouring of loving applause), and **Bill Lawless** told us of his granddaughter's school raising funds to eradicate polio.

Pat Romerman won the **50/50 draw**.

## Announcements

- **Bill Lawless** is accepting orders now for the special edition 50th anniversary shirts. Please contact him by e-mail, and be sure to include your size.
- **Robyn Braley** told us of his experiences at the leadership conference in Grand Prairie, and how the RCCW and particular members (like Bill Quinney) are known and admired.
- **Bill Tapuska** was put on the spot to explain the protocols for next week's visit from the Lieutenant Governor, and then, with remarkable timing, **Chris Davis** showed up to fill us in. *The protocols are listed at the end of this report.*

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### Special Awards

DG Neil Berg (Red Deer East) made a special appearance to honour our club. He brought us a patch for our club banner to recognise our 50th anniversary.



He also presented us with a banner to recognise our 100% Paul Harris status. He read a message from **RI President John Germ** congratulating us on our jubilee. And finally, he presented president Terry with a special pin. Thanks Neil. That was wonderful.





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### Guest Speaker

Michael Chiasson was introduced by Bev Picard. From his web page on Access 52 <http://www.access52.com/>:

"Inspiring people to see their potential and take a step toward their 'all in moment', this is what Michael Chiasson is all about. As a dedicated public speaker and community leader, Michael exudes an unparalleled passion for encouraging and helping others, on-stage and off. It's more than a job, it's his life's work.

"Michael's journey began from his hometown of Houston, Texas, at the age of 14, when he started traveling around the world developing his unique, energetic and powerful communication style. Through his travels, he eventually landed in Canada in 2000 and earned a degree in leadership and sacred studies. Michael now makes his home in Calgary, with his wife, Melissa, and their two young children, Hannah and Simon.

"In 2009, Michael and his team launched a registered Canadian charity committed to helping people discover their place and conviction. Widely known as a respected communicator, musician and writer, Michael has been able to reach thousands across North America with powerful messages of support and motivation."

Michael became a friend of Rotary when he was asked to speak at RYLA, and continues to support Rotary as much as he can. He speaks to 20,000-30,000 students each year.

This reporter cannot do justice to the very animated, heartfelt and moving presentation that Michael provided, which at times brought me close to tears.

In addition to his own personal experiences and stories of others, he showed an inspiring video about an autistic young man. You can view it on YouTube: <https://www.youtube.com/watch?v=l2IU1h9sG7U>.

His key points when dealing with young people:

- Motivation is that which drives us beyond emotion.
- Everyone desires to be connected.
- We can't do anything great alone.
- It's never too late to make decisions count.
- It's not about you, it's about them.
- When you have a conversation, listen. Don't offer your opinion until they ask for it.
- Everybody has a handicap.
- Every moment is a gift.
- Sometimes our job is not to fix, just to be.
- Every day, ask yourself, Whom do I need to love the most who deserves it least? What do we need to start? What do we need to finish?



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He shared the top seven things said by kids 13 to 17 years old, messages they'd like their parents to hear:

1. I love you, but I don't know how to say it.
2. If I have mental health issues, like anxiety or depression, it's not your fault.
3. Technology is my world. Explore it with me.
4. Are you proud of me? I fear disappointing you.
5. I'm sorry. I regret the things I said.
6. Stop comparing me.
7. I'm under pressure. School is hard. I am not my report card grade.

Judy Cochran thanked Michael for his fine presentation, and gave him our world famous Boltman.



### Final comments by President Terry

\* Lieutenant Governor Lois Mitchell next week!

\* The club assembly is a special forum and opportunity for members to be informed about the activities of this club over the past eight months and to be appraised of what the next year may involve. It is highly recommended that all members attend this meeting as it is often the only time when we can have a "private members" forum and discussion, and express our concerns and suggestions for the goodwill of all concerned and for the future of our club. Our club has a half century of successful track performance for harmonies operations and successful outcomes. Please email me (ie President Terry) any concerns so they can be better addressed, or bring any question to

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the forum. We are meeting for fellowship at 5 pm with a supper that includes beef sirloin roast at the Danish Canadian Club. The cost is 40 dollars.

\* April 3, we have a field trip to the military museum celebrating our coming together as a nation

### Coming Events

<b>March: Literacy Month</b>	
6	Tom Hickerson U of C, Curator Davidson Papers
13	Michael Chiasson: Youth Motivational Speaker
20	Lieutenant Governor Lois Mitchell
27	<b>Evening Meeting: Spring Assembly. Danish-Canadian Club: 5 pm for 6 pm.</b>
<b>April: Maternal and Child Health Month</b>	
3	Vimy Ridge Centennial: Military Museum Tour
10	Manning Innovation Awards - Six Candidates
17	<b>Easter Monday. No Meeting</b>
24	Field Trip to Rotary Challenger Park
<b>May: Youth Service Month</b>	
1	Michelle Stirling: Friends of Science
6	Rotary Meeting on the bus to Red Deer District Convention
8	<b>No Meeting</b>
15	Brian Farrell: Revv52
22	<b>No Meeting: Victoria Day</b>
29	David Poulson: Author and Radio Announcer
<b>June: Rotary Fellowship Month</b>	
5	Youth Programme: RYLA, YEX, Adventures in Citizenship, etc.
12	Charter Date June 10: Tentative Jubilee Event
19	Team Meeting and Turnover of Gavel to Ben Kormos
26	Canada Day Sesquicentennial Meeting
<b>July</b>	
3	<b>No Meeting</b>
7	<b>Friday: CWRC Stampede Parade Breakfast</b>
10	Stampede Yahoo!
17	TBA
24	TBA
31	TBA
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1	TBA
8	TBA
15	TBA
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29	David Poulson: Author and Radio Announcer

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## **PROTOCOL AND CEREMONY**

### **FORMS OF ADDRESS**

The Lieutenant Governor is accorded the honour and respect due to the Queen's representative.

- The full title of the Lieutenant Governor is "Her Honour, the Honourable Lois Mitchell, CM, AOE, LLD Lieutenant Governor of Alberta."
- The full title should be used in printed materials such as event programs, formal invitation cards and printed items listing the Lieutenant Governor as Honourary Patron. The post-nominals (CM, AOE, LLD) can be omitted when introducing the Lieutenant Governor.
- The title of the Lieutenant Governor's spouse is His Honour, Honourary Colonel Douglas Mitchell. When attending an event with the Lieutenant Governor, His Honour should always be introduced at the same time as Her Honour.
- The Lieutenant Governor is addressed in the second person as "Your Honour".
- In the third person, the Lieutenant Governor is referred to as "Her Honour" or "the Lieutenant Governor".
- The spouse of the Lieutenant Governor is referred to as "His Honour".
- The Vice-Regal couple is referred to as "Their Honours" (third person) or "Your Honours" (second person).

When writing to the Lieutenant Governor, the envelope and heading of the letter should read:

The Honourable Lois Mitchell, CM, AOE, LLD  
Lieutenant Governor of Alberta  
3rd Floor, Legislature Building 10800 - 97 Avenue NW  
Edmonton, Alberta. T5K 2B6

The salutation may read: "Your Honour"; "My dear Lieutenant Governor"; or "Dear Lieutenant Governor Mitchell".

### **HOSTING THE LIEUTENANT GOVERNOR**

Individuals should always rise when the Lieutenant Governor enters a room or arrives at a function and when Her Honour departs. For dinner, ceremony and meeting programs, the Lieutenant Governor and those accompanying her (known as the "Vice-Regal Party") should be the last to enter and the first to leave.

#### **Arrival and Departure**

It is customary for the senior member of the hosting organization and his/her spouse to meet the Lieutenant Governor upon his arrival, preferably when the Lieutenant Governor's vehicle arrives at the venue. After the AdeC makes initial introductions, he/she will lead the party into the building. The Lieutenant Governor walks and sits on the host's right, and is always first through a doorway or into an elevator; immediately following the AdeC who always precedes the Lieutenant Governor. The host's spouse and remainder of the head table or official party enter prior to the Lieutenant Governor and remain standing until the Vice-Regal Party enters and moves into position and the Vice Regal Salute has been played.

At the conclusion of an event, guests stand and remain in place while the Vice-Regal Party withdraws. It

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may be helpful to arrange for ushers in order to prevent the exit route for the Vice-Regal Party from being blocked. The host and his/her spouse should also accompany the Lieutenant Governor to the car to say farewell.

### Introductions

Normally, the host will make introductions to the Lieutenant Governor. However, the AdeC may assist if requested to do so beforehand.

To avoid confusion with introductions, use the phrase "Your Honour, may I present...." The AdeC and the host should ensure that conversations are kept short so that as many people as possible have an opportunity to visit with the Lieutenant Governor. The normal etiquette during introductions is to shake hands. Bowing or curtsying is not required.

### Acknowledgements

Speakers other than the Chairperson, should acknowledge the Chair first, then the Lieutenant Governor, e.g. "Mr./Madame Chair, Your Honour...."

### Notice to Facilities

If the event is being held in a hotel, convention centre, arena or theatre, the Manager should be given advance notice of the Lieutenant Governor's attendance as it is customary for the Manager to be on hand for the arrival of the Lieutenant Governor. In addition to greeting the Vice-Regal Party on arrival, the Manager can arrange for other courtesies such as parking and for doors and elevators to be held.

### Speeches

When asked to address a function, the very strong preference is for the Lieutenant Governor to speak first. Any proposed variations in speaking order should be discussed with the AdeC or the Lieutenant Governor's office staff.

### Luncheons and Dinners

The Lieutenant Governor is served first and in the case of a buffet should be the first in line immediately followed by the host.

## CEREMONIAL MUSIC

### The Vice-Regal Salute

It is customary to have a musician(s) play the Vice-Regal Salute, which consists of the first six bars of "God Save the Queen," followed by the first four and last four bars of "O Canada".

The Vice-Regal Salute is not played while the Lieutenant Governor and party are walking but, rather, once they have arrived at their table or seats and while still standing. The Vice-Regal Salute is not sung.

It is customary for the MC to remind guests of this protocol prior to the entrance of the head table. The Vice-Regal Salute can be omitted if it cannot be rendered well or if it places an inconvenience on the host through the cost of hiring musicians, renting a piano, etc. However, this should be cleared with the Aide-de-Camp (AdeC). The AdeC can provide sheet music or a CD of the Vice Regal Salute.

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### Toasts

The Loyal Toast, or Toast to the Queen, is normally proposed at official functions attended by the Lieutenant Governor when a meal is served.

The Lieutenant Governor will, in most cases, be honoured to propose the Toast to the Queen and this can be arranged through the AdeC.

It is generally proposed at the end of the main course and before dessert, and very rarely at the beginning of the meal. While the Lieutenant Governor is generally asked to propose the Loyal Toast, it is acceptable protocol for organizers to ask another guest to propose it in the Lieutenant Governor's presence. A good format for the Loyal Toast is as follows:

- The Host or Master of Ceremonies says "Ladies and Gentlemen, please charge your glasses for the Loyal Toast." and then invites the proposer to offer the Toast.
- The proposer says simply, "Ladies and Gentlemen, The Queen." No other words need be added.
- In the event that the Governor General or the Lieutenant Governor is present, but is not proposing the Loyal Toast, the proposer could say: "Your Excellency (or Your Honour), Ladies and Gentlemen, The Queen."
- The guests present would respond with "The Queen".
- Guests should not "clink" their glasses.
- If there are musicians in attendance and it has been decided that there will be a musical salute and a toast, the Lieutenant Governor will stand, at which time the band plays a full verse of "God Save The Queen." When the music concludes, the Lieutenant Governor would then offer the toast to the Queen.